

# youth bike summit



February 15-17, 2019

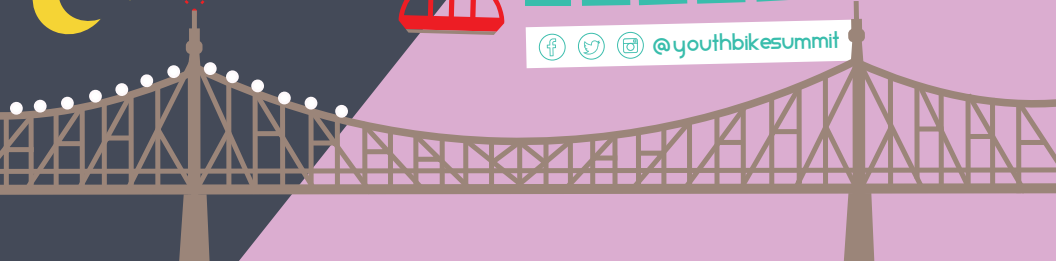
Long Island City, Queens



#ybs19



@youthbikesummit



# youth bike summit mission

To transform our local communities and strengthen our national movement by empowering bicycle leaders.

## guiding principles

- We believe in the capacity of youth to lead
- We believe in the power of the bicycle as a catalyst for positive social change
- We believe in the importance of a diverse, multi-cultural and equitable movement
- We believe when youth ride bikes, our communities are healthier and more sustainable
- We believe that sharing & learning together will make each of us stronger

## youth bike summit national steering committee

- PASQUALINA AZZARELLO Founder, Youth Bike Summit
- TINA CHO Executive Director, Cycles for Change (Twin Cities, MN)
- ALEX DOTY Interim Director, Neighborhood Bike Works (Philadelphia, PA)
- JOSHUA FUNCHES Youth Council President, Neighborhood Bike Works (Philadelphia, PA)
- SHAVELLE OLIVIER Co-Chair & Mattapan On Wheels Coordinator, Mattapan Food and Fitness Coalition (Mattapan, MA)
- KAREN OVERTON Director, Recycle-A-Bicycle, Bike New York (New York, NY)
- DEB SALLS Executive Director, Bike Works (Seattle, WA)
- STEPHANIE SCHULTZ Development and Communications Coordinator, Cycles for Change (Twin Cities, MN)
- SAM SLATON Cycle Education Specialist, Thaden School (Bentonville, AR)
- STERLING STONE Executive Director, Gearin' Up Bicycles (Washington, D.C.)
- NEIL WALKER Founder, Cycles & Change (Atlanta, GA)
- ALEX WILSON Executive Director, West Town Bikes (Chicago, IL)

# 2019 organizer and host:



## special thanks to...

- ... Our 2019 presenters for sharing their vision and passion
- ... All YBS volunteers – their kindness and dedication is what makes this weekend possible
- ... The Youth Bike Summit National Steering Committee and Bike New York Youth Advisory Council for guiding the development of this year's event
- ... Our staff for all their hard work



special thanks

## Antonio Reynoso

NYC Council Member, 34<sup>th</sup> District

Antonio Reynoso was born and raised in the Southside of Williamsburg by parents who emigrated from the Dominican Republic. He began his career in public service as a Community Organizer for A.C.O.R.N., and later transitioned to work at the City Council.

In January 2014, Antonio assumed office as the Council Member for the 34<sup>th</sup> District, encompassing parts of Bushwick, Ridgewood, and Williamsburg. During his first term, Antonio established himself as a staunch advocate for his community and proponent of bold legislation rooted in equity. Transportation issues have remained a priority for Antonio, and he has been an outspoken leader in the push for New York City to embrace and encourage the use of alternative modes of transportation.

Antonio began his second term in office this past January and resumed his role as Chair of the Sanitation and Solid Waste Management Committee. He continues to advance progressive policies that address inequality throughout our City while working to better the quality of life for residents within his district.

## Joelle Galatan

Bike educator and Queens cycling activist

Joelle is in her first year at Brandeis University. She is a youth programs instructor at Bike New York and organizes all of its Learn-to-Ride on the Spectrum classes, the organization's initiative to engage special needs youth and adults in cycling. In her free time, she enjoys watching Grey's Anatomy, and reading awesome feminist cycling narratives.



# 2019 keynote speakers

## friday, february 15

### long island city artists and plaxall gallery

4:00PM-7:30PM: ROLLING REGISTRATION

5:00PM-7:30PM: WELCOME & SOCIAL

*Join us for early registration, a light meal, and fun activities, including gold sprints sponsored by Clif Bar, Recycle-a-Bicycle shop tour and open hours, games from NYC DOT (Jenga & Plinko!), cycle craft by Bike New York, and music powered by Rock the Bike.*

## saturday, february 16

### middle college high school

8:00AM-9:00AM: REGISTRATION/BREAKFAST *in the Cafeteria*

9:00AM-10:00AM: KEYNOTE SESSION *at the Main Stage Theater*  
*With featured speakers NYC Council Member Antonio Reynoso and Joelle Galatan.*

10:00AM-10:30AM: MEET & GREET ACTIVITY *in the Cafeteria*

10:45AM-11:30AM: SESSION #1 WORKSHOPS *in the Classrooms*

10:45AM-4:30PM: MAKERSPACE *in Classroom 253*

11:45AM-12:45PM: LUNCH *in the Cafeteria*

1:00PM-1:45PM: SESSION #2 WORKSHOPS *in the Classrooms*

2:00PM-2:45PM: SESSION #3 WORKSHOPS *in the Classrooms*

2:45PM-3:30PM: BREAK *in the Cafeteria*  
*Gold sprint finals sponsored by Clif Bar.*

3:45PM-4:30PM: SESSION #4 WORKSHOPS *in the Classrooms*

## sunday, february 17

### long island city artists and plaxall gallery

9:30AM-10:00AM: BREAKFAST

9:30AM-12:00PM: VISIONING SESSION

12:30PM - 2:30PM: COMMUNITY RIDE



# session #1 workshops

(10:45am – 11:30am)

## DOCUMENTARY SCREENING AND Q&A: 508: THE TAKEOVER

*Room 1 (Classroom 157) | 508 Pedal BikeLife (Worcester, MA):*  
Mario Harper, Anthony Gonzalez, and Luis Gonzalez

Premiere screening of **508: THE TAKEOVER**, a mini-documentary about the Worcester Youth Cyclist Group aiming to catalyze conversations about social issues faced by youth cyclists of color in and beyond Worcester, MA. The screenings will be followed by Q&A sessions and open dialogue.

## THE MECHANICS OF WORK AND SCHOOL (PT. 1)

*Room 2 (Classroom 159) | Pathways to Graduation (Jamaica, NY):*  
Ariff Hajee, Djiby Diallo, Sidy Diop, Trifon Douglas, Demba Niang, Deon Pelage, and Nicole Santiago

Students and instructors will discuss Pathways to Graduation's bike mechanics class and how participation has helped to prepare students for joining the workforce. Instructors will delve into the particulars of class content and students will provide personal perspectives on the challenges of balancing both work and school.

## DEVELOPING A VOCATIONAL TRAINING PROGRAM

*Room 3 (Classroom 160) | Brooklyn Transition Center (Brooklyn, NY):* Dwight Hayes, Migdoel Rodriguez, Javannie Shakes, Madelyn Todd, and Quinn Zannoni

What first job could be more fun than working as a bike mechanic? This workshop will be presented by instructors and participants in Recycle-A-Bicycle's vocational training programs for high school age students. Learn how to set up and run a school-based bike repair program, get insight into building school and community partnerships, and learn how to track bike repair skills for student success in their future career.



### **STARTING A YOUTH BICYCLE PROGRAM AS A YOUTH**

*Room 4 (Classroom 161) | Institute for Collaborative Education (New York, NY): David Carey and Dave Dash*

This presentation and panel discussion will explore the development process for a youth bicycle education program through the experiences of a high school student and their teacher. The presentation will touch upon curriculum writing, the challenges of independent research for young people, and how leveling the student-teacher dynamic can foster agency and power in youth leaders.



### **BIKETOPIA: CREATING THE BEST BIKE-FRIENDLY CITY**

*Room 5 (Classroom 162) | Bike New York (New York, NY): Louise Soerensen*

What makes Copenhagen the most bike-friendly city in the world? Find out in this short presentation covering the initiatives the city has enacted to make its bike experience accessible, hospitable, and fun! After the talk, students will be invited to use paper and crayons to start the blueprints of their very own Biketopia, individually or in groups. The workshop will conclude with a gallery walk.

### **LEADERSHIP, SUPERVISION, AND MANAGEMENT**

*Room 6 (Classroom 206) | Bike Works (Seattle, WA): Deb Salls*

Everyone has their own leadership style – time to discover yours! In this all-ages workshop, we'll discuss tricks and tips for developing positive and supportive culture within organizations, as well as tools for effective supervision and management of teams.



## LEARN TO RIDE - KIDS

Room 7 (Classroom 204) | Bike New York (New York, NY):  
Maura Choi

Bike New York's Learn to Ride - Kids class is one of the organization's most popular educational offerings. In this workshop, students will learn the balance method used by Bike New York's instructors. This will include a brief presentation and demonstration on teaching a child how to ride a bike.

## LIGHT-EMITTING DECORATION (LED-ERS WORKSHOP)

Room 8 (Classroom 241) | Bike New York (New York, NY):  
Jared Lauridsen

Be cool. Be bright. Learn how to light up your bike with LEDs. It's affordable, energy efficient and makes your ride unique.

## MAKERS SPACE

Room 9 (Classroom 253)

Refresh your mind and engage your creative side! Stop by the Makers Space for hands-on activities led by artists and crafters. There's something for makers of all skill levels, so be sure to save some room in your carry-on for a momento to keep!

## THE CLIF BAR LOUNGE

Room 10 (Classroom 164)  
Presented by Clif Bar & Company and the Youth Bike Summit

Take a little time to hang out, relax, and refuel at the Clif Bar Lounge – or if getting the adrenaline going is a little more your speed, put your legs to the test legs on the Gold Sprints!



## LEARN TO DESIGN & PAINT YOUR BIKE!

*Room 11 (Classroom 255) | Phoenix Bikes (Arlington, VA):  
Noe Cuadra*

Think custom paint jobs are best left to the professionals? Think again! With just a few simple tools, students will learn how to give their ride a total glow-up – from stripping the bike and prepping the frame to techniques for designing and painting – before putting it all back together again.

## BIKES & BOOKS

*Room 12 (Classroom 262) | Community Bike Works (Allentown, PA): James Williams, Avery Daniels, Dayne Cruz, and Nasheera Brown*

Inspired by the Earn-A-Bike model, Community Bike Works developed a year-long program to facilitate engagement between youth and literature/poetry. By creating a full schedule of readings, exercises, and creative exploration, students learned new modes of expression and built camaraderie in a goal-oriented and supportive small-group setting.



**break for lunch!**  
(11:45am – 12:45pm)

# session #2 workshops

(1:00pm – 1:45pm)

## THE COLLECTIVE KINETIC SCULPTURE

*Cafeteria* | Hunter Creel

Come turn scrap into sculpture with NY-based artist Hunter Creel! The finished piece will be unveiled at Sunday's visioning session.

## THE TOOLKIT IS HERE

*Room 1 (Classroom 157)* | Bike Pittsburgh (Pittsburgh, PA): Julie Malis and DeVaughn Rodgers

After almost a decade of successful programming and a high demand for their youth education, Program Positive Spin, Bike Pittsburgh decided to put together a toolkit to help people start their own youth education programs. At last year's YBS, Bike Pittsburgh trained participants on how to implement the basics of their curriculum. Now that the toolkit has made it out of the beta stage, the team would like to demonstrate just how comprehensive it is and discuss how it can be adapted to fit the needs of just about any youth program.

## THE MECHANICS OF WORK AND SCHOOL (PT. 2)

*Room 2 (Classroom 159)* | Pathways to Graduation (Jamaica, NY): Ariff Hajee, Djiby Diallo, Sidy Diop, Trifon Douglas, Demba Niang, Deon Pelage, and Nicole Santiago

Students and instructors will discuss Pathways to Graduation's bike mechanics class and how participation has helped to prepare students for joining the workforce. Instructors will delve into the particulars of class content and students will provide personal perspectives on the challenges of balancing both work and school.

## TAKING A STAND: THE HISTORY OF SOCIAL ACTIVISM IN NEW YORK

*Room 3 (Classroom 160)* | Museum of the City of New York (New York, NY): Pilar Jefferson

Explore the drama of social activism in New York City from the 17th century right up to the present. Learn how New Yorkers have fought for freedom and equality over the past 350 years (including a look at bicycle advocacy!) and explore photographs, artifacts, and more from the Museum of the City of New York's [[>>](#)]

Activist New York exhibition. Topics include immigration; gender equality; economic, civil, and political rights; and environmental advocacy. At the conclusion of this hands-on workshop, participants will create a button championing the change they want to make. Information will be provided about free Museum programs for middle and high school students (Saturday Academy, New York City History Day, and more), and participants will receive free family passes to visit the Museum.

## **BICYCLE ADVOCACY FOR BEGINNERS**

*Room 4 (Classroom 161) | Transportation Alternatives (New York, NY): Claudia Corcino and Macartney Morris*

Do you or the cyclists you know think the streets in your neighborhood are too dangerous to ride? Do you want to make them safer so your friends or family will join you for a bike ride? This workshop will introduce you to safe streets advocacy, including how to identify key allies or targets and develop tactics and strategies. You'll learn from two of Queens' leading advocates from Transportation Alternatives, a nonprofit organization whose mission is to reclaim NYC streets from the automobile by promoting bicycling, walking, and public transit.

## **CYCLE CRAFT: HOW TO BE CREATIVE AND FUNDRAISE**

*Room 5 (Classroom 162) | Bike New York (New York, NY): Lisa Rodriguez*

Learn how to refashion bike parts into beautiful, unique jewelry, as well as how you can leverage this activity into sales. As a bonus, you'll get to take something home to wear or gift!



## DRIVING THE CHAIN: ENGAGING SPECIAL NEEDS YOUTH IN CYCLING

*Room 6 (Classroom 206) | Bike New York (New York, NY):  
Joelle Galatan, Matthew Hahn, and Dahlia Ramsay*

This workshop will detail keynote speaker Joelle Galatan's experiences in organizing and leading cycling and mechanic classes for kids with special needs. Joelle will provide personal perspectives, including those which drove her to create a bike-centered program for this population. The presentation will address ways in which cycling programs organizers can aim to make their work more inclusive for people with special needs.

## HEALTH BENEFITS FOR CYCLISTS

*Room 7 (Classroom 204) | Forest Hills High School (Queens, NY):  
Alana Galfano, Emmanuel Isaacov, and John Janosevic*

We all know cycling is great for you, but it's time to learn just how great it gets! This presentation will detail the positive effects that cycling has on the body, including muscle strengthening and disease prevention, comparing the benefits of pedaling against other forms of physical activity.

## FIRST AID AND FITNESS FOR CYCLISTS (PT. 1)

*Room 8 (Classroom 241)  
New York City Health  
and Hospitals Woodhull  
(Brooklyn, NY): Dr. Fishkin*

Hopefully you'll never need to use this information, but if you ride often and long enough, you're destined to see an accident on the road. In this presentation, you'll receive basic information about trauma, first aid for common cycling injuries, the role of the first responder, how to communicate effectively



with 911 services and what to expect and demand in an ER. You'll receive take home tips to prevent road injuries , how to maximize the chance for full recovery after an accident and suggestions for your personal, cyclists first aid kit.

## MAKERS SPACE

*Room 9 (Classroom 253)*

Refresh your mind and engage your creative side! Stop by the Makers Space for hands-on activities led by artists and crafters. There's something for makers of all skill levels, so be sure to save some room in your carry-on for a momento to keep!

## THE CLIF BAR LOUNGE

*Room 10 (Classroom 164)*

Presented by Clif Bar & Company and the Youth Bike Summit

Take a little time to hang out, relax, and refuel at the Clif Bar Lounge – or if getting the adrenaline going is a little more your speed, put your legs to the test legs on the Gold Sprints!

## CYCLING PHOTOGRAPHY AS ADVOCACY

*Room 11 (Classroom 255) | Preferred Mode (Brooklyn, NY):  
Sam Polcer*

A slideshow presentation by Preferred Mode and New York Bike Style photographer Sam Polcer featuring his work as well as other examples of effective bike photography with commentary. A brief Q&A to follow and, if logistics allow, attendees will be invited to pair off to take their own bike portraits under the direction of the presenter.

## BICYCLING MURAL WORKSHOP (PT. 1)

*Room 12 (Classroom 262)*

El Puente Cycling Club (Brooklyn, NY): Wendy Balderrama, Christian Carmona, Ashley Concepcion, Dashley Concepcion, Angel Figueroa, Emily Guzman, Joe Matunis, Patrick Moore, Will Orellano, Tristian Rodriguez, Karla Rosa, and Luis Serrano

El Puente Cycling Club, in partnership with Los Muralists de El Puente, will lead participants in the designing and painting of a mural highlighting the physical, social, emotional, and environmental benefits of cycling.





## session #3 Workshops (2:00pm – 2:45pm)

### THE COLLECTIVE KINETIC SCULPTURE

*Cafeteria* | Hunter Creel

Come turn scrap into sculpture with NY-based artist Hunter Creel! The finished piece will be unveiled at Sunday's visioning session.

### STOKE IT UP

*Room 1 (Classroom 157)* | InTandem (New York, NY): Jonathon Epstein and Matthew Nidek

Learn about how InTandem creates cycling opportunities for people who are blind or visually impaired! This interactive workshop will include the story of how InTandem got started, paired with an in-depth presentation of our programming and training. You'll learn how to become a tandem bike captain so you, too, can provide an opportunity for someone who is blind or visually impaired to experience the joys of riding a bike!

### PICL - RIDE, RACE, RESPECT

*Room 2 (Classroom 159)* | NICA/PICL (Pennsylvania): Katie Corbeill, Nathan Corbeill, Luly Kaye, Zach Rundell, and Matt Zuniga

In this group-led panel, members of the Pennsylvania Interscholastic Cycling League (PICL) will discuss the impact of

creating and participating in a NICA league team has meant to them, through individual focuses on practice, meets, stewardship and scholarship.



## CONNECTING YOUTH TO OUTSIDE CAREERS

*Room 3 (Classroom 160) | Bicycle Coalition Youth Cycling (Philadelphia, PA): Jahmiel Jackson, Emir Johnson, Lurena Watkins, and Kayla West*

Join the Youth Advisory Committee of Philadelphia's Bicycle Coalition to learn about hosting a successful career night for high schoolers. We will share insights and lessons from our planning process covering everything from collaborating with partners to recruiting career mentors to making sure athletes attend!

## PEOPLE PROTECTED BIKE LANES: PUTTING YOUR BODY ON THE LINE

*Room 4 (Classroom 161) | Transportation Alternatives, Queens Committee (Queens, NY): Claudia Corcino and Macartney Morris*

From Dublin to San Francisco, bike activists around the world have been using "people protected bike lanes" as a tool in their advocacy efforts. In these actions, activists place their bodies on the roadway to provide literal protection for people on bikes in situations in which the existing street infrastructure is inadequate. We'll discuss the three times New York City organizers used this tactic, including a recent event in Sunnyside, Queens; discuss how and when how to utilize the technique in advocacy; and brainstorm ways to make it even more impactful.

**CREATING A ROADMAP FOR YOUR ORGANIZATION**

*Room 5 (Classroom 162) | Bike New York (New York, NY): Nitasha Sharma*

If determining the logistics of your programs and tracking their successes seems like a total mystery, you just don't have the right tools in your organizational toolbox yet! Designed for program planners, program managers, trainers, evaluators, and advocates, this breakout session aims to outfit participants with a general understanding of how to use logic models, or illustrations of how programs function, to set and track goals. After a brief but informative presentation, attendees will be challenged to develop their own logic models based on real-life sample scenarios.

**THE POWER OF CYCLING THROUGH EDUCATION, ADVOCACY AND COMMUNITY ENGAGEMENT**

*Room 6 (Classroom 206) | Siena Youth Center of St. Francis Center (Redwood City, CA): Eduardo Acosta and Martin Cardoso*

This workshop will focus the power of education, advocacy, community, and mentorship through cycling, aiming to share ideas that can better equip youth cycling programs to work with local civic leaders and decision makers. Special consideration will be given to how non-traditional learning spaces in afterschool programs help build leadership.

**EAST RIVER RIDE**

*Room 7 (Classroom 204) Presented by Citi Bike & Bike New York*  
 Energize your mind and body with a short ride to the park and back, with bikes courtesy of Citi Bike.

**FIRST AID AND FITNESS FOR CYCLISTS (PT. 2)**

*Room 8 (Classroom 241) New York City Health and Hospitals Woodhull (Brooklyn, NY): Dr. Fishkin*

Hopefully you'll never need to use this information, but if you ride often and long enough, you're destined to see an accident on the road. Learn basic information about trauma, first aid for common cycling injuries, the role of the first responder, how to communicate effectively with 911 services and what to expect and demand in an ER. Take home tips to prevent road injuries, how to maximize the chance for full recovery after an accident and suggestions for your personal, cyclists first aid kit.

## MAKERS SPACE

*Room 9 (Classroom 253)*

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## THE CLIF BAR LOUNGE

*Room 10 (Classroom 164)*

Presented by Clif Bar & Company and the Youth Bike Summit

Take a little time to hang out, relax, and refuel at the Clif Bar Lounge – or if getting the adrenaline going is a little more your speed, put your legs to the test legs on the Gold Sprints!

## KEEP IT ON LOCK

*Room 11 (Classroom 255) | Brooklyn Transition Center (Brooklyn, NY):* Dwight Hayes, Migdoel Rodriguez, Javannie Shakes, Madelyn Todd, and Quinn Zannoni

You swore that was the last time your bike would get stolen! Enter into the mindset of a bike thief and learn how to counter their attacks. Watch a demonstration of common breaking and entering tools, scope out the newest in security technology, and learn a few street tricks to keep your bike (and all of its parts) safely anchored to their moorings.

## BICYCLING MURAL WORKSHOP (PT. 2)

*Room 12 (Classroom 262)*

El Puente Cycling Club (Brooklyn, NY): Wendy Balderrama, Christian Carmona, Ashley Concepcion, Dashley Concepcion, Angel Figueroa, Emily Guzman, Joe Matunis, Patrick Moore, Will Orellano, Tristian Rodriguez, Karla Rosa, and Luis Serrano

El Puente Cycling Club, in partnership with Los Muralists de El Puente, will lead participants in the painting of a mural celebrating the physical, social, emotional, and environmental benefits of cycling.





## break activities (2:45pm – 3:30pm)

### GOLD SPRINTS - FINALS

*Cafeteria* | Presented by Clif Bar & Company and the Youth Bike Summit

Race your way to become the fastest sprinter at #YBS19!

### THE COLLECTIVE KINETIC SCULPTURE

*Cafeteria* | Hunter Creel

Come turn scrap into sculpture with NY-based artist Hunter Creel! The finished piece will be unveiled at Sunday's visioning session.





## session #4 workshops (3:45pm – 4:30pm)

### THE COLLECTIVE KINETIC SCULPTURE

*Cafeteria* | Hunter Creel

Come turn scrap into sculpture with NY-based artist Hunter Creel! The finished piece will be unveiled at Sunday's visioning session.

### IT'S NOT REALLY ABOUT THE BICYCLE!

*Room 1 (Classroom 157)* | Bike Works (Seattle, WA):  
Erika Blackburn, Gian Calvi, Jordan Isaacs, and Zoe Mitchell

How do you keep youth members of your organization involved and engaged? This workshop will present ways to give youth volunteers mechanic experience in a supportive learning environment that emphasizes youth-guided leadership.

### MAJOR TAYLOR - THE WORLD CHAMPION

*Room 2 (Classroom 159)* | Major Taylor Iron Riders Cycling Club  
(New York, NY): Dereka Hendon-Barnes and Aliya Tyus-Barnwell

A panel discussion that serves as an introduction to the life and legacy of Major Taylor, the inspiration for cycling chapters across the country. Members of the Iron Riders Cycling Club will cover the groundbreaking cyclist's accomplishments. Presentation will include a short documentary and commercial.



## **"THAT CAR HAS HOW MANY TICKETS?!": HOWSMYDRIVINGNY & TWITTER ACTIVISM**

*Room 3 (Classroom 160)* | Transportation Alternatives, Queens Committee (Queens, NY): Brian Howald and Macartney Morris

Blocked bike lanes? Speeding? Cars parked on sidewalks? Most of us come from places where illegal driver behavior is common, if not ubiquitous. Wouldn't be nice to be able to find out how often that driver blocks crosswalks or is caught speeding? In New York, you can! Using @HowsMyDrivingNY, you can find out just how often a vehicle has been cited in New York City. We'll discuss the impetus for the Twitter bot – namely, the Park Slope crash – as well as how it works and how it can be used to augment Twitter advocacy. Even better, we'll go outside and test it out on passing drivers!

## **STARTING A YOUTH BICYCLE PROGRAM AS A YOUTH**

*Room 4 (Classroom 161)* | Institute for Collaborative Education (New York, NY): David Carey and Dave Dash

This presentation and panel discussion will explore the development process for a youth bicycle education program through the experiences of a high school student and their teacher. The presentation will touch upon curriculum writing, the challenges of independent research for young people, and how leveling the student-teacher dynamic can foster agency and power in youth leaders.

## **GRASSROOTS FUNDRAISING**

*Room 5 (Classroom 162)* | Citizens Committee for NYC (New York, NY): Andre

What specific messages and fundraising ideas appeal to your local community? Learn how to raise money for your organization, whether through grants or from your neighbors. From garden parties to bake sales to grant applications, this presentation will help you identify the best strategy for your base.



## OPENING UP THE GATES: CONNECTING COMMUNITIES THROUGH UNIVERSITY RESOURCES

*Room 6 (Classroom 206) | Rambikes at Virginia Commonwealth University (Richmond, VA): Sera Erickson, Lily Hamilton, and Alexa Santisteban*

Participants in Virginia Commonwealth University's bicycle program will discuss how the group has been able to redirect some of the institution's resources towards the surrounding community, and how other institutions can consider how they might do the same in their own communities. By opening their repair workshops, volunteer nights, and mobile bicycle tuneups to the public, establishing youth engagement programs for K-12 students, and redefining who can gain access to their services, Rambikes at VCU serves as a model for other universities looking to bolster community outreach efforts.

## CYCLING AND SEXUAL HEALTH

*Room 7 (Classroom 204) | Forest Hills High School (Queens, NY): Aisha Ellis and Kevin Bravo*

Most cyclists are mindful of potential dangers on the road – but how many consider the impacts of biking on their sexual health? This presentation will outline oft-overlooked risks and the precautions that riders can take to avoid such complications.

## LEARNING THE ABCs OF BIKE RIGHTS AND SAFETY

*Room 8 (Classroom 241) | 508 Safety Riders (Worcester, MA): Daniel Cargill, Zoaneliz Jimenez, Izze Jones, Nieshaly Ramirez, and Jorge Rivera*

If you think you have your ABCs down, you've got a few things to learn! Through games and interactive activities, participants in this workshop will learn the basics of cycling safety, their rights as cyclists, and a new and inventive version of their "ABCs."



## MAKERS SPACE

*Room 9 (Classroom 253)*

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## THE CLIF BAR LOUNGE

*Room 10 (Classroom 164)*

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Take a little time to hang out, relax, and refuel at the Clif Bar Lounge.



## WORDS ON THE BIKES

*Room 11 (Classroom 255) | Wai Wong Mandy*

Aiming to initiate public conversations about bike stealing, this workshop invites participants to paint or write creative messages on bike remnants collected from theft victims while discussing the possibility of alternative and non-punitive approaches to addressing bicycle crime. All bike components will be donated to local bike shops for refurbishment and a charity sale afterwards, which will also serve as a public-facing mobile campaign.

## THE EVOLUTION OF CYCLING FASHION

*Room 12 (Classroom 262) | Phoenix Bikes (Arlington, VA):  
Shae Dempsey*

Have you ever wondered why cyclists wear "kits"? Pedal through the history of cycling attire in a presentation dedicated to all the *whos*, *whats*, *wheres*, *whens*, and *whys* behind today's trends. Get ready to learn about materials, looks, and much more!

## visioning session (9:30am - 12:00pm)

Snag your fill of famous Peter Pan donuts & breakfast beverages, then share your weekend experience with your fellow YBS attendees: what new skills and insights you gained, the moments that inspired you the most, and how you can transform all of that energy and excitement into real change for your cycling environment back home.



## community ride (12:30pm - 2:30pm)

Bundle up and get ready for an 8-mile bike trip with the YBS community! We'll set out from Bike New York's Recycle-A-Bicycle shop in LIC and travel together to the Roosevelt Island Lighthouse, taking in the sights and sounds of Queens as we go. Special thanks to the NYC DoT, NYPD, and Citi Bike for making this ride possible.



youth  
bike  
summit



sponsors:



the youth bike summit thanks the long island city community, particularly all who are opening up their doors and hosting activities for ybs19:



bike new york wishes to thank the following recycle-a-bicycle program supporters:



JAMES  
CONLON  
FUND



generous support from our sponsors helps to make ybs affordable and accessible for attendees, especially youth.

#ybs19 sponsors and supporters!

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